

Safety News from Northport Fire Department

By **JIM MAHONEY**

The start of the Autumn season should be a time for our readers and their families to get the influenza vaccine shot. Each year over 30,000 Americans die from the flu and hundreds of thousands suffer through hospitalization and debilitating physical conditions with this illness. Senior citizens, preschool children and health care workers are especially urged to get the flu vaccine because of their age and/or contact with ill people.

Again, this year, the Visiting Nurse Service located at 505 Main Street (corner of Main Street and Norwood Avenue) will host flu shot clinics on the following Saturdays from 10 a.m. to 2 p.m.; October 4, 11, 18 and 25. The fee is covered by Medicare Part B and most health insurance plans. It should be noted that the vaccine used is American made and is a "quadrivalent" type (four different strands). To be effective, these can take a 4-6 week period. Depending on weather conditions, the flu virus can start early in fall. Thus the sooner a person receives

the vaccine the better protected he/she will be.

For further information contact the Visiting Nurse personnel at 631-261-7200.

Congratulations & Thank You

Firefighter/EMT Joy Frohlich-Cantone with the help of an enthusiastic committee organized and presented the first Cow Harbor Paddle Fest here in Northport last month. Nearly 100 contestants participated in this inaugural event. Joy is especially thankful to all the sponsors; Britannia Yachting Center and Metric Subaru of Huntington in particular. She is also appreciative of the cooperation and support of the Village of Northport, Village of Asharoken, the Town of Huntington, the Harbor Masters and Chief Mark Stauffer with his members of US Coast Guard Station Eaton's Neck.

Joy is already at work on the 2015 Paddle Fest. Congratulations Joy for a job well done. We look forward to next year's event.

125th Anniversary Parade

The Northport Fire Department will host a special 125th anniversary Parade on Saturday October 18.

The formation for the parade will take place at 1 p.m. on Laurel Avenue. The parade will start at 2 p.m. promptly. To date, over 20 fire departments/Ambulance Corps are expected in the line of march. Approximately one dozen marching bands will also join the line of march. After brief ceremonies in the Village Park, a "Battle of the Bands" competition will follow. All of the musical marching groups are expected to participate. There is no fee for this program.

Fifty year members of the Northport Fire Department will also be honored on October 18th. More details will be in the next Safety News column. Refreshments, commemorative beverage glasses and tee shirts will be available for purchase in the Village Park. Please join us for an enjoyable afternoon of musical entertainment.

Open House/Poster Awards Ceremony

Northport Fire Department will host their annual open house and poster contest awards program on Friday, October 24 from 7:30 to 9 p.m. at Fire Headquarters, 204 Main Street. Refreshments will be